

LITERACY

TOP TIPS

3 Ask your child to make predictions about what they have read



If it is a book, look at the front cover—or the last chapter—and talk about what might happen next. Look for clues in the book and be a reading detective! For example, 'can you see the bear on the front cover? Where do you think he will go?'

4 Ask your child to summarise what they have read



When you've finished reading, talk about what happened. Acting out the things that happened in the story or describing the big idea of a chapter is really fun and maximises learning. For example, 'can you remember all the things that happened on the bear hunt?'

Reading and mental Health:

As if we needed another reason to sit down with our favourite book...

Reading has been found to be hugely beneficial for our mental health. According to new research from Oxford University Press, reading "challenging language" sends "rocket boosters" to our brains, which in turn boosts our mental health.

Classics from William Shakespeare and Charles Dickens were proven to help relieve depression and chronic pain.

Dr Paul Byrne explained the benefits of reading: "Its actually a reinvention of a traditional idea. The ancient Greeks used poetry as therapy ... Books can take you to a different place. They can relax you and calm you, and they can offer wisdom, or humour, or both."

Did you know?

Children who read regularly:

- make far more academic progress over a shorter period of time
- are far more likely to achieve highly
- do an average of 15% better in all tests
- are exposed to 1.8 million words a year.



With BorrowBok you can access books for free from your phone, tablet or computer.

Join up to the Northumberland Library Service for free now:

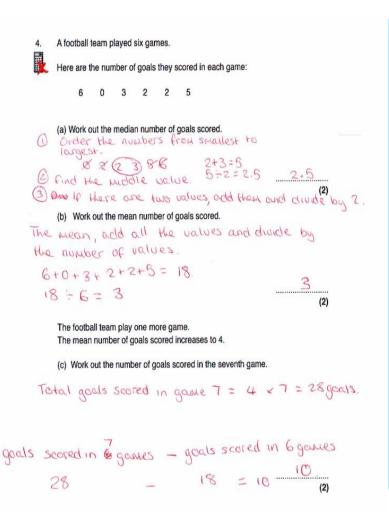
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In each newsletter we will bring you an example of a Numeracy equation which your child may be asked to solve in class and explain how to arrive at the correct answer.

This week we would like to introduce you to Mode, Median and Mean:





The number which appears most often in a set of numbers.



The middle number in a sorted list of numbers.



Is the average of the numbers: A calculated "central" value of a set of numbers.

Calculating the Mode:

Find the most common number in a set of data.

Calculating the Median:

Order the numbers in ascending order and find the value that is in the middle.

Calculating the Mean:

Add all the values up and divide by how many values there are.

