



20<sup>th</sup> January 2026

**Re: Online and Digital Safety**

Dear parents and carers,

This half term, as part of our whole school Safeguarding approach and our World Ready curriculum, we will be placing a strong focus on online and digital safety. As the online world continues to evolve, so do the risks and pressures faced by young people. It is also Safer Internet Day on 10<sup>th</sup> February and we will be highlighting this in school.

**Why are we focusing on this?**

We know that many parents and carers share our growing concerns about the impact of online harms to teenagers, and we want to work in partnership with you to help keep our students safe, informed and confident navigating the digital world.

**What will be covered in school?**

Over this half term students will take part in assemblies covering key topics such as; AI, deep fakes, appropriate use of ICT, fake news, misinformation, general cyber safety and online scams. Through these sessions we will also be signposting where students can go for help if something is worrying them. Our aim is to equip every young person with the knowledge and strategies they need to stay safe and make positive choices online.

**What resources are there for parents and carers?**

To support with this, the North East Learning Trust have launched an **Online Safety Hub** which provides practical guidance, up-to-date advice, and useful resources to support you at home. We would encourage you to explore this hub and make use of the information available: [Online Safety Hub - North East Learning Trust](#)

In addition, we have secured free access to **Qustodio**, a digital wellbeing and supervision app which can help you monitor and guide your child's online activity. Many families find tools like Qustodio helpful in opening conversations about safe and healthy online habits. Please see the attached leaflet which explains how you can access this app as part of our internal early help offer.

Thank you, as always, for your continued support. I am hopeful that we can work together to ensure our students develop the skills and confidence they need to thrive in an increasingly digital world.

Yours faithfully,

*H Robinson*

Mrs H Robinson

**Designated Safeguarding & Inclusion Lead**

# UNDERSTAND their online world

*and keep your child safe with our tools, tips and advice*



## GET UP TO SPEED...

As a NELT parent, you get **FREE** access to our online safety hub (to learn the lingo) and **Qustodio** – an app to set screen time limits, filter content, manage app access, and supervise your child's online activity.

Visit [nelt.co.uk/safe](https://nelt.co.uk/safe) or scan the QR code above to find out more

**SAVE  
£39.95**  
per year with  
**FREE** access  
to Qustodio



North East  
Learning Trust

Early help



Safeguarding