

Long Term Planning

Subject: #WorldReady

Year: 11

	Week	1	2	3	4	5	6	7	8
Half Term 1	Developing resilience and risk management skills: - Money management - Fraud and cybercrime - Preparing for Post-16 studies and adult life		Money skills. Understanding and managing debt - Identify ways of reducing spending and saving regularly by completing a budget - Discuss different reasons for, and ways of, borrowing money	Money skills. Financial risk and security - Compare a range of situations that carry different levels of risk and consequences - Understand how insurance can provide protection from some financial risks - Recognise types of financial fraud and recall tips for staying safe digitally	Money skills. Money and work - Identify the main features of a payslip, and be able to explain the key terms - Calculate gross and net pay accounting for a range of deductions - Identify employee benefits beyond salary	Analyse the risks of gambling, fraud and cybercrime, how to assess these risks and reduce vulnerability to becoming involved - Identify the factors that could make someone more vulnerable to fraud, gambling or cybercrime - Explain the sources of support that are available to someone who is involved in fraud, gambling or cybercrime	Analyse Post-16 opportunities and how to seek help or guidance (1) - Identify the opportunities that are available to you Post-16 - Explain the various options available and what they can lead to in terms of your career	Analyse Post-16 opportunities and how to seek help or guidance (2) - Identify the opportunities that are available to you Post-16 - Explain the various options available and what they can lead to in terms of your career	Bonfire night
	Half Term 2	Developing communication and negotiation skills, risk management and support-seeking skills: - Relationship values - Maintaining sexual health - Sexual health services	How to communicate personal values in relationships - Identify the values that are important to you in a relationship - Explain how you can communicate these to a partner	Anti Bullying Week - Define bullying - Explain how bullying can impact a person	Recognise the importance of respect, pleasure and equality in intimate relationships -Underatand that strangulation and suffocation are criminal offences (strangulation whether it causes injury or not is an offence). Any	Choosing and negotiating contraception - Identify different types of contraception and the factors that could influence contraceptive choices	Explore sexual health services, locally, nationally and online - Explain when a person should access a sexual health service - Identify the local sexual health services available to you - Describe the different types of	12 days of Christmas	12 days of Christmas -Form Christmas Quiz

	- Managing relationship challenges and endings			activity involving applying force to someone's neck or covering someone's mouth or nose is dangerous.	- Explain ways to negotiate the use of contraception	sexual health services available		
	Week	16	17	18	19	20	21	22
Half Term 3	Developing confidence, agency and support-seeking skills: - Making safe and healthy lifestyle choices - Health promotion and self-examination - Blood, organ, stem cell donation	How to use and access sexual health services - Identify what a sexual health service will be able to offer - Explain how to contact or access a sexual health service	How to manage influences to make healthy lifestyle choices - Explain the impact that friends, family and other influences can have on lifestyle choices - Evaluate strategies that can be used to manage the influence of others	How and why to maintain a healthy balance between time online and other activities - Explain the impact that screen time can have on physical, social and mental health - Evaluate your screen time habits - Explain how to maintain a healthy balance between time online and other activities	How to access health services with confidence, e.g. smoking cessation, dental and GP services - Explain where you can access health services - Describe the different types of health service that are available to you	How to monitor health, e.g. through self-examination and using screening services - Describe the self-examination methods that should be used for testicular and breast cancer - Explain what is meant by a smear test, how you access one and the importance of having one	How to assess and manage risks associated with cosmetic and aesthetic procedures, e.g. tattooing, piercings and the use of sunbeds - Describe the risks associated with aesthetic and cosmetic procedures - Explain how you can manage these risks	Analyse blood, organ and stem cell donation and how to make informed decisions in relation to these - Explain what is meant by organ and stem cell donation - Explain how you can communicate your decisions, including to family members
	Week	23	24	25	26	27		
Half Term 4	Developing empathy and compassion, clarifying values and support-seeking skills: - Families and parenting - Fertility, adoption, abortion	Menstrual and gynaecological health - Explain the cycle of an average period and problems linked to periods such as PCOS and endometriosis	Analyse different types of relationships and families and how to identify and evaluate parenting skills and assess readiness for parenthood- Describe the different types of family set up	Recognise that fertility changes over time and evaluate the implications of this - Explain what is meant by fertility and how this changes over time	Evaluate beliefs, influences and circumstances that inform decisions in relation to pregnancy and how to access appropriate advice and support in relation to	Strategies to manage grief and loss, including bereavement and how to access support for self or others - Explain the different ways in which someone		

	<ul style="list-style-type: none"> - Pregnancy and miscarriage - Managing grief and loss 	<ul style="list-style-type: none"> - Explain when and how to seek support from healthcare professionals 	<ul style="list-style-type: none"> - Explain what is meant by parenting skills and describe how to evaluate readiness for parenthood 	<ul style="list-style-type: none"> - Evaluate a range of fertility services and explain how to access them 	<ul style="list-style-type: none"> pregnancy, including miscarriage - Explain factors that may influence someone when considering whether to continue with a pregnancy - Explain where to access support while pregnant or following a miscarriage 	<ul style="list-style-type: none"> could respond to loss - Describe the support available to someone following a loss
	Week	28	29	30	31	32
Half Term 5	Developing confidence, self-worth, adaptability and decision-making skills: <ul style="list-style-type: none"> - Managing mental health concerns - Recognising and celebrating successes - Transition and new opportunities - Aligning actions with goals 	<ul style="list-style-type: none"> How to show compassion and empathy for others who are experiencing challenging situations - Define empathy and explain how we can show empathy 	<ul style="list-style-type: none"> Revisit common mental health concerns, such as anxiety, depression and stress and how to respond to early warning signs of unhealthy coping strategies (1) - Describe the different types of mental health concerns and explain how they differ - Explain the warning signs of mental health concerns 		<ul style="list-style-type: none"> Revisit common mental health concerns, such as anxiety, depression and stress and how to respond to early warning signs of unhealthy coping strategies (2) - Explain the warning signs of unhealthy coping strategies - Describe the support available and how to access it 	<ul style="list-style-type: none"> How to build self-worth by reflecting on and celebrating successes and reframing setbacks or perceived failures - Explain what is meant by self-worth - Identify your own successes and explain how you have overcome setbacks

Extra: