



North East  
Learning Trust

# CAREERS NEWSLETTER

Issue: March 2026

March Edition | For Students, Parents & Educators Across Our Trust Schools

Career  
Spotlight of  
the Month

## National Careers Week 2<sup>nd</sup> – 7<sup>th</sup> March 2026

The theme for this year's **National Careers Week** is **"Own Your Future"**. The aim is for young people to take responsibility for their career choices and next steps. Independently exploring different career paths and asking informed questions, contributes positively to making small and meaningful plans for the future, whilst developing confidence and decision making.

**"Across all our schools within the Trust**, our careers programme helps students to **step outside their comfort zones** through meaningful experiences such as **work experience, career-related visits, and employer events**. These opportunities build **resilience, broaden aspirations, and empower** young people to make **confident, informed decisions** about their futures — and **parents/carers** can play a crucial role by encouraging their child to take part and **embrace these challenges**."



[The Parent's Guide To NCW 2025 - National Careers Week](#)

## Careers SEND students – National Careers Service.

<https://nationalcareers.service.gov.uk/careers-advice/career-and-job-support-for-people-with-a-disability/>

### **Support if you have a disability**

*If you have a disability or special educational needs, you can get:*

**education advice if you are leaving school**  
**job support to find and stay in work**

### **NCS - How we can help you with your career choices**

*We can support you to make career decisions throughout your life. From deciding your education route, planning a career change or getting the job that is right for you.*

*Wherever you're at in your journey, we can help you to:*

- **identify your skills, interests and career goals**
- **explore and compare different options**
- **work out the best career option for you**
- **plan your next step and take action**

<https://nationalcareers.service.gov.uk/discover-your-skills-and-careers/>

## National Careers Service – NCW 2026 Resources

National Careers Week is all about helping young people understand the wide range of opportunities available to them after school. This month, our Provider Focus highlights the many colleges, training providers, universities, pathways and apprenticeship organisations that support our students across the Trust.

Please access the links below for invaluable information and support.

- **National Careers Week – Official Website (Videos, Resources, NCW TV)**  
[Welcome - National Careers Week](#)
- **NCW Virtual Careers Fair (Video-Rich & Student Friendly)**  
[Countdown - NCW 2026 Virtual Careers Fair](#)
- **STEM Learning – National Careers Week Collection (Career Videos & Profiles)**  
[| Resource Collection](#)
- **Green Jobs for Nature – Live NCW Careers Sessions (Environmental Careers Videos)**  
[National Careers Week 2026 - Green Jobs for Nature](#)
- **Discover Creative Careers – NCW Creative Career Videos**  
[National Careers Week 2026 - Creative Careers](#)





## Labour Market Information



### North East regional labour market statistics –

#### Report: North East regional labour market statistics - North East Evidence Hub

The most up to date sub-national data. The monthly release covers the wider North East ITL1 region. This includes the North East and Tees Valley combined authority (CA) areas.

Using the QR code opposite you can access the **CAREER OMETER** which is being widely used and has been embedded in several organisational websites.



### Boosting Digital Confidence – KS3 and KS4

*In today's world, digital skills are essential for learning, careers, and everyday life. Exploring how technology shapes the future can help students feel more confident, creative, and prepared for a wide range of opportunities.*

#### **For Students:**

- **Explore digital creativity** – Try designing something online, such as a poster, a simple game, or an animation.
- **Learn about future careers in tech** – Watch this short “Skills for the Future” video on how digital skills are used in real jobs (5 minutes): <https://youtu.be/6JWh-FpenRY>

#### **For Parents:**

- **Talk about digital strengths** – Ask your child what apps, tools or devices they feel confident using and how these skills might link to careers.
- **Encourage safe exploration** – Support your child in trying creative digital tasks while reminding them about staying safe online.
- **Spot digital learning moments** – Using maps, comparison sites, editing photos, or helping with online shopping all build useful digital skills.

## Pathway Focus – Technology and Future Careers

**Technology and Future Careers** - As the **world of work** continues to **evolve**, **technology** remains one of the **fastest-growing and most exciting career pathways**. From artificial intelligence and cybersecurity to game design, digital media, robotics, and renewable-energy tech, opportunities are expanding across every industry. This month, in line with **National Careers Week**, our **pathway focus highlights how digital and technology-driven careers are shaping the future** — and how young people can begin building the skills to succeed in them.

**Technology careers** aren't limited to “tech companies” anymore; **they exist in healthcare, manufacturing, finance, education, creative industries, engineering, and even emergency services**. Employers increasingly look for young people who can think creatively, solve problems, understand digital tools, and adapt to **fast-changing environments**.

#### **The Future of Work: Will our children be prepared?**

**Follow the link - Watch this video:**

#### **Try a Coding Challenge**

A great way for students to test their problem-solving skills is by taking part in a fun, free online coding challenge. Platforms like CodinGame allow young people to learn coding through puzzles and mini-games.

<https://www.youtube.com/watch?v=59d3UZ>

The Future of Work

**Coding Games and Programming Challenges to Code Better**

**Computer Science** is one of the most future-focused and versatile subject students can study. It helps young people understand how technology works, how it impacts the world around us, and how they can play an active role in shaping the future. With digital skills now essential in almost every industry, **Computer Science** opens doors to a huge range of exciting, **high-demand careers**.

**Careers Linked to Computer Science:**

Software Developer  
Data Analyst  
Digital Media Creator

Cyber Security Analyst  
Network Engineer  
Web Developer

Games Designer  
Robotics and AI Specialist  
App Developer

With technology influencing every sector, Computer Science qualifications can lead to apprenticeships, T Levels, college courses, university degrees, and direct-to-industry roles.

**What are the Career Opportunities in Computer Science? Find out here:** <https://youtu.be/m4Ju5RgzMSo>

Tips for Parents & Carers

**Supporting Digital Skills & Future Careers** - With technology shaping so many future jobs, this month's focus is all about helping young people build the digital confidence and problem-solving skills they'll need in the years ahead. Here are some simple ways parents and carers can help at home — no technical knowledge required!

- 1. Ask About Their Digital Learning** - Show interest in what your child is exploring in school, such as coding, problem-solving tasks, or technology projects. Asking questions like *"What did you enjoy most in today's lesson?"* or *"How did you solve that problem?"* encourages reflection and builds confidence.
- 2. Explore Technology Together** - Encourage your child to explore safe, free online tools that build digital skills. A fun starting point is CodinGame, which uses puzzles and games to introduce coding in an engaging way: <https://www.codingame.com/>
- 3. Watch a Career Video Together** - Short videos can spark great conversations about the world of technology. Here is a start: [AI Video for Complete Beginners \(2026 Starter Guide\)](#)

*"The future belongs to those who are curious enough to explore it and brave enough to shape it."*