

Year	Autumn	Spring	Summer
7	<ul style="list-style-type: none"> • Introduction to attempting and practising basic physical skills and techniques in Athletics and invasion games showing development of quality and control • Introduction to attempting and practising basic physical skills and techniques in Dance showing development of quality and control • Development of social skills through working with others • Development of cognitive skills through 	<ul style="list-style-type: none"> • Introduction to attempting and practising basic physical skills and techniques in Badminton/table tennis showing development of quality and control • Introduction to attempting and practising basic physical skills and techniques in Invasion games showing development of quality and control • Development of social skills through working with and listening to others • Development of cognitive skills through identification of areas for development in performance 	<ul style="list-style-type: none"> • Introduction to attempting and practising basic physical skills and techniques in Athletics, showing development of quality and control • Introduction to attempting and practising basic physical skills and techniques in Striking and fielding games showing development of quality and control • Development of social skills through working effectively with a small group • Development of cognitive skills through application of simple sport specific tactics

	identification of simple sport specific tactics		
8	<ul style="list-style-type: none"> • Introduction to attempting and practising basic physical skills and techniques in Athletics and invasion games showing development of quality and control • Introduction to attempting and practising basic physical skills and techniques in Outdoor Adventurous Activity showing social and cognitive development. • Development of social skills through attempting to work with different groups of peers • Development of cognitive skills through 	<ul style="list-style-type: none"> • Introduction to attempting and practising basic physical skills and techniques in Badminton/table tennis showing development of quality and control • Introduction to attempting and practising basic physical skills and techniques in Invasion games showing development of quality and control • Development of social skills through appropriate expression of emotion and supporting others in need • Development of cognitive skills through refining and changing performance appropriately 	<ul style="list-style-type: none"> • Developing accurate performance of basic physical skills and techniques in Athletics in practise and in conditioned competitive situations • Introduction to attempting and practising basic physical skills and techniques in Striking and fielding games showing development of quality and control • Accurate application of social and cognitive skills developed during the autumn and summer terms

	observation of performances		
9	<ul style="list-style-type: none"> • Develop ability to select and perform appropriate physical skills and techniques in Handball, netball and Table Tennis in competitive situations with improving consistency • Perform physical fitness related activities showing developed technique and resilience • Development of social skills through attempting to lead peers through a warm-up or basic skill drill • Development of cognitive skills through increased knowledge and understanding of theory-based PE content (health, 	<ul style="list-style-type: none"> • Develop ability to select and perform appropriate physical skills and techniques in Football in competitive situations with improving consistency • Develop ability to select and perform appropriate physical skills and techniques in Climbing and Trampolining with improving consistency • Perform physical fitness related activities showing developed technique and resilience • Development of cognitive skills through increased knowledge and understanding of theory-based PE content (health, fitness components, training methods) • Development of social skills through attempting to coach peers through a basic task or skill 	<p>Boys' and Girls' Curriculum:</p> <ul style="list-style-type: none"> • Develop ability to select and perform appropriate physical skills and techniques in Cricket, Rounders and Athletics in competitive situations with improving consistency • Accurate application of social and cognitive skills developed during the autumn and summer term

	fitness components, training methods)		
10	<ul style="list-style-type: none"> • Develop ability to select and perform appropriate physical skills/ advanced skills and techniques in Handball, Football, Basketball, netball and Table Tennis in games and competitive situations with improving consistency. • Develop ability to select and perform appropriate physical skills/ advanced skills and techniques in Fitness and Climbing in with improving consistency • Development of social skills through leading peers with improved confidence • Development of cognitive skills through 	<ul style="list-style-type: none"> • Develop ability to select and perform appropriate physical skills/advanced skills and techniques in Climbing, Fitness, Football, trampolining, table tennis, badminton and Handball in games and competitive situations with improving consistency • Development of social skills through supporting peers to improve their performance • Development of cognitive skills through successfully applying a range of tactics and strategies 	<ul style="list-style-type: none"> • Develop ability to select and perform appropriate physical skills/advanced skills and techniques in Cricket, Athletics and Softball and Rounders in games and competitive situations with improving consistency • Accurate application of social and cognitive skills developed during the autumn and summer terms

	successfully applying a range of tactics and strategies		
11	<ul style="list-style-type: none"> Develop ability to select and perform appropriate physical skills/advanced skills and techniques in Handball, Football, Basketball, netball and Table Tennis in games and competitive 	<ul style="list-style-type: none"> Develop ability to select and perform appropriate physical skills/advanced skills and techniques in Climbing, Fitness, Football, trampolining, table tennis, badminton and Handball in games and competitive situations with improving consistency 	<ul style="list-style-type: none"> Develop ability to select and perform appropriate physical skills/advanced skills and techniques in Cricket, Athletics and Softball and rounders in games and competitive

	<p>situations with improving consistency</p> <ul style="list-style-type: none"> • Develop ability to select and perform appropriate physical skills/ advanced skills and techniques in Fitness and Climbing in with improving consistency • Development of social skills through leading peers with improved confidence • Development of cognitive skills through successfully applying a range of tactics and strategies 	<ul style="list-style-type: none"> • Development of social skills through supporting peers to improve their performance • Development of cognitive skills through successfully applying a range of tactics and strategies 	<p>situations with improving consistency</p> <ul style="list-style-type: none"> • Accurate application of social and cognitive skills developed during the autumn and summer terms
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Curriculum overview – Core Physical Education- Ashington.