

Long Term Planning

Subject: #WorldReady

Year: 10

Half Term 1

Week	1	2	3	4	5	6	7	8
Families and healthy relationships		Committed and stable relationships	International Day of Democracy	The legal status of long term commitments	How families and relationships can change over time	Forced marriage	Parenting	Bonfire Night

Half Term 2

Week	9	10	11	12	13	14	15
Growing up, health and body changes		Self-care for minor ailments and the role of pharmacists	Anti Bullying Week	UK Parliament Week	The local healthcare system and Gillick competence	Christmas Door Competition	Christmas Quiz

Half Term 3

Week	16	17	18	19	20	21
Career aspirations	Showcasing personal strengths	Realistic and aspirational goals	Exploring future careers	Exploring options available in education, training and employment post-16	Preparing for employment	Employability skills

Half Term 4

Week	22	23	24	25	26
Personal identity and wellbeing	Reframing negative thinking	Being kind to yourself	Recognising mental ill-health	Welcome to Your Vote Week	Healthy coping strategies

Half Term 5

Week	27	28	29	30	31	32	33
Personal safety and safe relationships	Sexual harassment and sexual violence	Consent and the impact of pornography	Pornography: Blurred lines		Substance use and sexual behaviour	Substance use and managing influences	Help seeking and sources of support

Half Term 6

Week	34	35	36	37	38	39
Personal safety and safe relationships	Incels	My Money Week	Stalking	Abusive behaviour	NHS Day	Water safety